# CityKidz Pre & Primary School STRIVE TO ACHIEVE PRE & PRIMARY SCHOOL CityKidz CityKidz CityKidz CityKidz Frive to Achieve March 2024 O1 FRIDAY

# Fun at Sports Day

Picture the scene: CityKidz learners, parents and staff, their faces lit up with excitement and anticipation. Red, yellow and green shirts on the running track, gazebos, umbrellas, picnic baskets, coffee van, burger stands, shishinyama, even a slush puppie van, all creating a vibrant mosaic in the bright Saturday sunshine. Sports day is a day when age becomes irrelevant, everyone is a winner and the shared thrill of participation takes precedence.

As the starting whistle blew, cheers erupted: 'Who are, who are, who are we?' Eland, Impala and Roan's war cries echoed across the field. Athletes sprinted down the racetrack, with parents leaping into the air as their child took 1<sup>st</sup> or 2<sup>nd</sup> or 3<sup>rd</sup> place. Learners walked away from the judges' tent, smiling and hugging.

Fun was at the heart of CityKidz Sports Day. Enjoyment and cheers mingled as parents urged the little learners towards the finish line, then participated in the Totz races themselves. The food stalls provided delicious treats and yummy food, adding to the pleasure of the day.

Congratulations are in order: Roan, we celebrate your victory. Enjoy your reign. We at CityKidz know that winning is not just for the winners, but for every runner - child, parent or staff member - who stepped onto the track. The true victory lies in the courage to participate, to embrace the challenge with open arms and to revel in the joy of the moment.

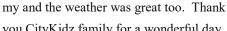
As the day drew to a close, our CityKidz community cleaned up all the litter, leaving Holy Family College grounds in spotless condition. So, here's to the CityKidz community – from Totz to Kidz, to Adultz, who painted the day with joy. Here's to

Roan, Impala and Eland, congratulations all. Here's to the fun and the

participation that makes CityKidz sports day an unforgettable experience.

Parents said it best: 'Yho I enjoyed it. It was a wonderful family day. You remind us of our childhood days. Even if you are stressed, in that moment when you are there, you forget everything.'

'A beautiful fun sports day. It was magnificent. Food, refreshments, yum-





CityKidz Sports Day dawned bright and sunny. The green fields of Holy Family College, which was the venue, were a welcome sight. With the usual efficient teamwork which characterises CityKidz, everything was quickly set up and we were ready to go.

Families arrived and settled in for the day, with cooler boxes and blankets. The children were bursting with energy and excitement in their shirts displaying their house colours. Once the races started, the real work began with teachers organising the runners in their teams. The starter gun was the signal for the cheering and war cries to resound across the field.

Sprints, novelty races and relays allowed every child to participate according to their ability. Parents and teachers also had their moment to shine and to contribute to the house points.

The food and coffee stalls did a roaring trade throughout the day keeping the crowd well fed and watered. As the temperature soared, the queue at the slush machine got longer and longer.

The winners, Roan, were delighted by their victory and were heartily congratulated by the other houses. Wearily, the staff packed up the equipment and bid farewell to another successful sports day.

.https://photos.app.goo.gl/krYwYSDVGzSzy2B89







### Parent/teacher workshop

The transition from Grade 3 to 4 means finally getting to Big School. The move from Grade 6 to 7 can be an exciting time, anticipating high school. Children in the 21st century deal with rapidly developing digital technology and societal changes but still must be educated, mentored, and parented through this phase. It is a period of significant academic, emotional, physical, and social growth. Under the guidance of teachers and parents, little boys, and girls, turn into tweens and first-time adolescents. Grade 4's have a set of new teachers, are learning how to read a timetable and navigate the school. Grade 7's, the new seniors, have new responsibilities and expectations such as being role-models for the younger grades.

The Parent Interactive Workshop aimed to equip parents with the knowledge and strategies to support their children during this crucial phase.

Arranged in small groups, parents and teachers discussed scenarios showcasing social media issues and bullying. Parents imagined themselves first as teachers, then as parents. The hall hummed with lively discussion, thoughtful debate, and constructive feedback. CityKidz parents were very engaged and keen to contribute their experiences and insights.

The following useful tips were offered:

Encourage independence:

Increase and encourage their responsibilities.

Prepare yourself and your child for the next transition.

When questioning your child:

'What did you do?' forces a child to defend themselves. In the Intersen Phase, (9-13 years), they are still learning how to view their actions in the world.

'What happened?' is perhaps a better route to having a 'happy discussion' with your child - where they feel safe enough to relate all the details, no matter their role in the situation.

Protect your child on social media:

Google Family Link is an app to download which helps parents monitor screentime.

Help your child to retain the values of proven, positive knowledge, not 'street knowledge.'

Be vigilant about which social media platforms your child is exposed to.



Principal, Sharon Reynolds, gave parents some real-life scenarios and how CityKidz' policies help to resolve situations and guide decisions. The workshop was a resounding success with many parents voicing their appreciation for the opportunity to learn more about their child's psychological growth and engage with other parents and teachers. Submitted by T Chan-Sam





## InterSen Phase (Gr 4,5,6 and 7)

Children are ready to take on responsibilities and be accountable, however monitoring the process is vital.

Children are able to relay messages correctly , however monitoring the process is vital.

Children are able to receive a list of oral instructions (3-6) and execute instructions successfully, however monitoring the process is vital.



Children develop individual personalities and character as hormones becomes part of their lives, however monitoring the process is vital.

Children are ready to develop into leaders or be responsible members of a school, family or friend group, however monitoring the process is vital.

Children have the ability to experience hardship but intensive monitoring and guidance are vital to overcoming life's challenges.



Educators and Parents must give learners the opportunity to take on tasks, for example homework. Do NOT interfere by completing tasks for them, neither making or supporting their excuses for NOT completing homework or school projects

Praise, motivate and reward completion of tasks. Discipline and give advice for tasks NOT completed. DO NOT feel sorry for the child, it is vital to guide and advise through the process. This develops **accountability and responsibility**.

Parents and Educators give oral messages to relay. For example, a letter is sent home, teachers do not post a note on WhatsApp groups, but tell learners to ask parents to sign and return it. The child MUST be able to relay a basic message correctly, DO NOT accuse the teacher that the message was not posted. Children must learn to communicate and carry out oral instructions.

Although children are developing physically into young adults, it is important to keep in mind that **emotionally** they are **still children**. DO NOT promote adulthood too early as they are not yet emotionally ready to take on life. When this phase is reached too early, children find themselves in situations that they can't handle and life becomes an unnecessary crisis, not only for the child, but for the educators and parents . For example: children dating, exposed to dangerous social media. They can fall into the trap of being abused or misused or bullied.

Take it slow, one day at a time. Gentle steps towards adulthood. There is plenty of time before children become emotionally ready. Eighteen years is a long time to go before they finish school. Keep them innocent for as long as you can. Rather spend time exploring career opportunities, visit places, DO activities WITH your child. This way you introduce them to adulthood, guide and advise them as they grow.

The Grade 4-7 netball and soccer learners have been invited to participate in a Soccer and Netball Tournament on Tuesday 12<sup>th</sup> March 2024 at Mayfair Convent Primary.

This a wonderful opportunity for our children to enjoy a brief respite before the end of term.

#### Terms and conditions:

- 1. The reply slip is to be completed and returned by Friday 01st March. (You may also confirm via your Netball and Soccer WhatsApp group but must bring the hard copy to school.)
- 2. The indemnity form needs to be completed.
- 3. We will arrange transport.

Children must be at school the normal school times: 07h30

- a. Children will need to be collected from school the normal times at 14h00.
- b. There will NOT be refreshments for sale at Mayfair convent. Please send a packed lunch. (We will provide a hot dog and small juice to each player.) CityKidz sun hat or peak cap and bottled water with your child. Please ensure your child brings a water bottle to stay hydrated, a sun hat and sun cream.

#### Visit from Jeppe High School for Boys—Principal Mr Dale Jackson

One of our own, Chisom Amakor – 7A had the wonderful opportunity to meet the Headmaster, Mr. Dale Jackson of Jeppe High School for Boys, Mrs Elaine Jackson, Nichole Wilson and Mrs Sharon Elmes. Chisom has been nominated and has applied for one of the largest scholarships in the country; the *Theo Jackson Scholarship Fund (TJSF)* to attend Jeppe High School for Boys in 2025. This is an opportunity of a lifetime and a stepping stone to wonderful and awesome opportunities. Chisom has also been invited to attend enrichment classes through the Maths Academy in the second term. Jeppe High School for Boys is an excellent school with a rich history spanning over one hundred years.

At CityKidz, much like Jeppe High School for Boys, we believe in the "Gift of Education". We wish Chisom the absolute best as he embarks on this scholarship application. We are all behind him! As a school, we also look forward to what can become a fruitful partnership between the two institutions. So, WATCH THIS SPACE!

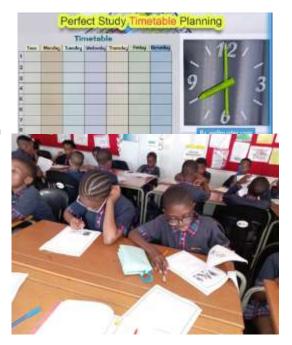






#### Study tips for Mathematics

- ⇒ Make a study schedule.
- ⇒ Maintain a Mathematics notebook.
- ⇒ Make use of the examples given on your study material.
- ⇒ Study the Mathematical formulas.
- ⇒ Re-visit previously-studied concepts.
- ⇒ Summarize concepts and procedures.
- ⇒ Give yourself short breaks because you don't want to learn too much at any given time.
- ⇒ The examination guidelines and worksheets your teacher gives you are your number 1 best friend.
- ⇒ Understanding your mistakes and making sure that you make them correct is the best way to go.
- ⇒ Ask your teacher for revision work or past exams/tests.
- ⇒ Practice what you have learned by doing your homework.



#### Mathematics teacher workshop

The Maths Team had an informative and inspiring Maths workshop.

The Maths Department is now richer in knowledge as Mr Mlotshwa empowered us with technology integration in the classroom.

Teachers will now be able to deliver informative and exciting lessons.

The objectives of the training were to allow teachers to:

- appreciate and understand the rationale of using the smart board in the teaching of Mathematics.
- download a Zoom and Microsoft board to work with during lesson delivery.
- Incorporate both smart boards in the planning and teaching of mathematical concepts.
- to manipulate objects on screen, add text and diagrams to
- mathematical problems, and save work. These
- features can have several benefits for our learners, particularly those who are struggling. It caters for all learning styles.
- Use the touchscreen option as it allows teachers to run programs with the tap of their finger. This not only makes it easy to navigate for the teachers but for the learners as well.

What's Happenin
over the
next two
weeks?

Monday	Tuesday	Wednesday	Thursday	Friday
04/03	05/03	06/03	07/03	08/03
CASS FP and IP Extra Mural RR-1	CASS FP and IP Extra Mural 2/3	CASS FP and IP Extra Mural 4&5	CASS FP and IP Extra Mural 6&7	
Monday	Tuesday	Wednesday	Thursday	Friday
11/03	12/03	13/03	14/03	15/03
CASS FP and IP Extra Mural RR-1	CASS FP Extra Mural 2/3 Soccer and Netball at Mayfair	CASS FP and IP Extra Mural 4&5	CASS FP and IP Extra Mural 6&7	Toy collection



### First Class Toy collection for the 15th March



Hey everyone! Do you have some toys that are just sitting in your room, ready for a new adventure? We're organizing a toy drive to share them with children who might not have many. Imagine the smile on their faces when they get to play with your old favourites!

We're collecting gently used toys to share with children who might not have many. Your participation in our Toys4Totz will make a difference.

Create a sense of community. Everyone contributing adds to the joy and helps others. We're looking for gently used toys like stuffed animals, board games, puzzles, or cars, that are still in good condition. By sharing, you can help bring joy to another child.

Bring your donations to your class teacher on the 15th March. Remember, even a small toy can make a big difference!"



Calling all toy heroes!

Do you have some toys that are ready for a new adventure?





#### **Ouote for the** Week



I brutality

bubble budget bureau bureaucracy bursary business bustling

Daffodils, That come before the swallow dares, and take The winds of March with

> beautv. — William Shakespeare





General Knowledge Question for the week.

What is a group of crows called?

Answer to the question in our previous newsletter.

What Greek figure did the modern-day Cupid originate from? The Greek god Eros,







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**PRINCIPAL** 



#### BEHAVIOUR BANK AWARDS

Most Merits for Term 1 Week Ending 01st March: Year 2024

