

## Dear Grade 7's

We are so happy to have you back at school. We spared no expense to make sure our environment is COVID-19 compliant. We would like this experience to be as 'normal' as possible for you, however there are ground rules to which we must all obey.

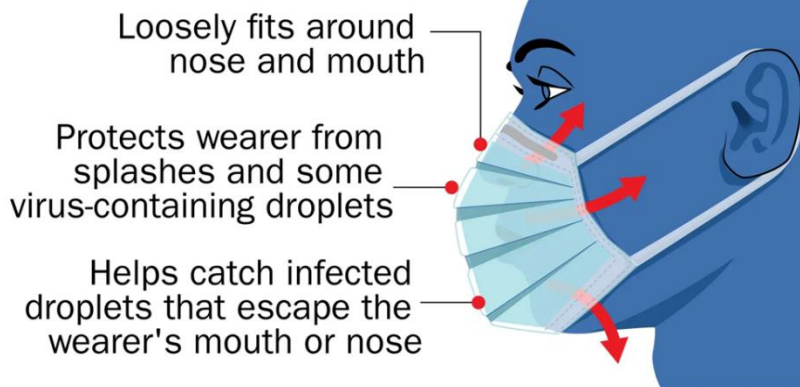


## Learner Agreement

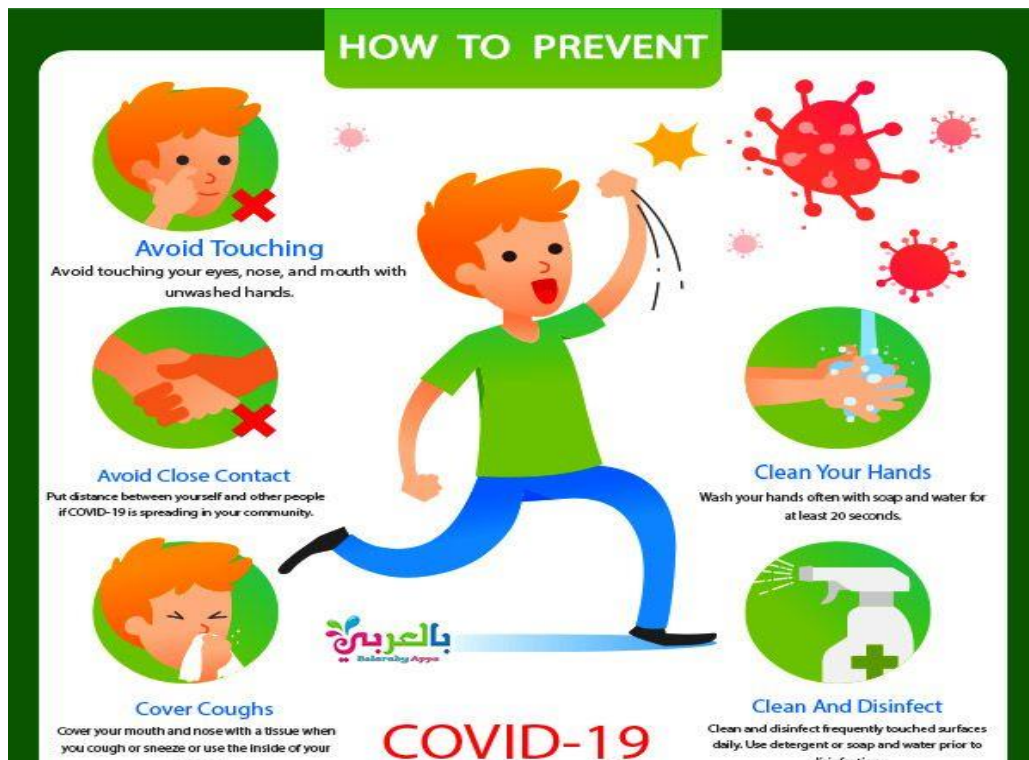
I, \_\_\_\_\_ (child's full name) in Grade \_\_\_\_\_  
agree that I know what is expected from me when I return to school:

- **I will only attend school if I am healthy.**
- I will wear a mask when I leave the home and in private cars or transport vehicles.
- I will wear a clean mask to school ALL the time. I will wear the mask correctly.

### The surgical mask



- I know all the relevant precautions to take to prevent contracting the virus.



### I will follow these 6 Golden Rules:

1. I will wash my hands often with soap and water for at least 20 seconds each time. If soap and water is not available, I will use an alcohol-based hand sanitiser with at least 60% alcohol content. I will make sure that all parts of my hands including in-between my fingers, wrists, and palms are thoroughly washed or covered in hand sanitiser.



2. I will avoid touching my eyes, nose, and mouth with my hands or gloves.



3. I will avoid close contact with people who are sick and keep at least 1.5 metre distance away from others.



4. I will stay at home if I am sick and try and keep a distance from others at home. I will keep my eating utensils separate from the rest of the household.



5. I will cover my cough or sneeze with a flexed elbow or a tissue, then I will throw the tissue in a bin with a lid.



6. I will regularly clean and disinfect all objects and surfaces that are frequently touched.



### Washing hands properly:

I will follow the washing of my hands properly and frequently:

- Step 1: Wet hands with safe running water
- Step 2: Apply enough soap to cover wet hands
- Step 3: Scrub all surfaces of the hands – including backs of hands, between fingers and under nails – for at least 20 seconds
- Step 4: Rinse thoroughly with running water
- Step 5: Dry hands with a clean, dry cloth, single-use towel or hand drier as available

### Coronavirus

**Wash your hands  
with soap and water  
more often  
for 20 seconds**

Use a tissue to turn off the tap.  
Dry hands thoroughly.



Palm to palm



The backs of hands



In between the fingers



The back of the fingers



The thumbs



The tips of the fingers

- I will arrive at school wearing a clean uniform that has been washed in hot water and ironed.
- I will enter through the Pick-up Zone entrance.
- I will allow myself to be screened at least once a day to ascertain whether I may or may not have any of the symptoms of Covid-19.
- I will follow the directions to my designated classroom in an orderly manner - maintaining at least a 1.5 m distance.
- I will bring my own lunch e.g. "grab-and-go" packed lunch and a water bottle to school in a disposable container or order from the tuckshop.
- I will bring my own stationery and books. I may not lend or borrow any items.
- I will have access to sanitizers which are erected in strategic places around the school and I will use them responsibly.
- I will ask permission to go to the bathroom. I will sanitise when entering and leaving the bathroom and re-entering the class.
- I will still maintain the social distancing rule during break.
- I will tell my teacher if I feel sick.
- I will go into quarantine if I display symptoms of the virus.
- I will not tease anyone if I know they are or may be sick. I will not discriminate against any person who has the Covid - 19 virus.

**I MUST BE FETCHED AT 13:30 – I know this is for my safety. I will not be allowed to loiter, gather in groups after school or hang-around on the pavements outside the school. I will go straight home after school. I know that there is NO Pickup Zone facility available and STAFF WILL NOT be available from 13h30.**

Social distancing **MUST** always apply.

I acknowledge that I have read understand all the information in this letter. I agree to follow the points in the letter.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_