#### CityKidz Pre & Primary School

STRIVE TO ACHIEVE

Edition 9 Term 2

# Kidz Chronicle

CityKidz

Strive to Achieve

June 2024

07

**FRIDAY** 



Dear Parents/ Guardians

### End of Term on the 14th June

We have reached the end of an action-packed term and would like to thank all our families for your support and commitment. A heartfelt thank you to our teachers for all their dedication and effort invested into providing a creative and stimulating environment for our learners. Well done to our learners on work well done this term. Their eagerness to learn, adaptability, and resilience continue to amaze us. Whether it was in the classroom, during extra murals or during planned activities, their enthusiasm and determination have shone brightly. We are so proud of the outstanding progress reports of our learners! All reports will be issued at the Parent's Information morning the first Saturday next term— 13th July- this give us the wonderful opportunity to meet with our parents.

#### - Let's reflect on the exciting events of this term.

It feels like only yesterday when we celebrated the start of a new year - 2024. Suddenly we are at the end of Term 2 and as in Term 1, there were many outstanding events, highlights and new adventures.

The term kicked off with the Grade Trips: Grade 5 went to the Crocodile Farm and Grade 6 to Sterkfontein Caves. The Grade 4 and 7 camps for later this year are planned and bookings are confirmed.

Our term was filled with many highlights such as our Election Day. I am sure learners and parents were aware of the efforts and continuous surprises that the teacher teams offered in their campaign bids. They took voting to another level. This event was surely the cherry on top for voters and campaigners.

I Meditate Africa Day, a guest speaker aimed at informing our growing teens about teen life and how to handle social changes, Frayda Haberfeld and Abdul Manack's special reading session with the Grade 3's were other highlights. The Science Department made history with their Astroquiz Team. Please visit our Facebook page to read all about the science achievements. Sports days were also a lot of fun and exciting, especially for the soccer u/13 boys, who did very well during this soccer season.

CityKidz leadership / prefects were announced and that was one big event that I believe everyone was looking forward to and will never forget.

Voting because it was crazy and fun with the teachers showing their subject colours. The songs were lovely and loud and the sweets and donuts were delicious. Nkosingphile Masuku 5A.

Croc City trip was the best activity this term. We had to zipline over crocodiles. It was the best, scariest fun ever. Dinei Khomane 5A.

Controlled Tests week started on 24 May and learners had the opportunity to show what they had learned during the term. Teachers were also keen to see the fruits of their labours. There is nothing more wonderful than to see your learners grow and be surprised by their results. On all these occasions, we were blown away and inspired by our learners' creativity, ingenuity and growth. May we continue to encourage one another and be kind to ourselves and those around us in this time where many, including our little ones, may be in need of a little extra care and encouragement. We would like to wish all our families a safe and warm winter break.





#### Howdy, partners! Today was CityKidz's cowboy and western day.

We all saddled up for a Rootin' Tootin' Good Time! Boots were dusted off and children honed their dance skills to Texas **Hold 'Em.** 

Hay bales, generously stacked high, beaded farmyard animals could be spotted: chickens, rabbits, rooster and sheep. The peacocks fanned their beautiful tail feathers. Thanks, Cowgirl Ma'am Annalene for transforming the hall into a barn for our special day!

Cowgirls and cowboys strutted their stuff in boots tucked into denim jeans, fringes streaming off their waistcoats, broad-brimmed hats, and twin pistols in gun holsters, just like real Western sharpshooters.

Cowgirls and cowboys stood open-mouthed at the, not one, but two mechanical bucking broncos. Several learners approached the bulls with a little trepidation – the bulls were big and bucked like giddy-ho. Learners held on for dear life, shrieking with fear but CityKidz learners climbed high in the saddle and laughed with unbridled joy.

The cold winter air was warmed with the smells of hot corn dogs. Many a learner was seen with corn dog in one hand, cowboy combo cakesicle in the other and a look of 'what do I eat first!' on their faces. Everyone munched on the delicious food.

The boot scootin' boogie was led by cowgirls: Mam Sharona and Mam Pretty, and cowboys: Mr Enzo and Mr Reuben who were hardly recognisable in their ten-gallon hats, boots, neckerchiefs and holster slings. Mr Lloyd was the ho-down DJ. These line dancers showed off their steps: Grapevine, Weave, Scoot, Brush, Kick. There was much laughter as the learners and staff attempted the boot scootin' boogie.

CityKidz learners finished the day with bellies full, smiles and the sense that learning isn't all hard work. At CityKidz, we know that play is the brain's favourite way to learn. Our country and western day delivered with the fun. This coming holiday, plenty learners will be teaching their parents the boot scoot.

Please visit our Facebook page. I think the photos say it all. Despite the cold weather our civvies day was hotter than a Texas chilli cook-off! All in all, we had a hoot and a holler of a good time! Hee haaa! Hee haaa! (The bales of hay will be donated to the Johannesburg SPCA.)



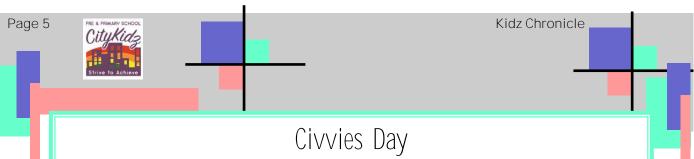




#### Kidz Chronicle

# Civvies Day









### The Secret World of Symmetry!

Have you ever noticed how a butterfly's wings look like perfect mirrors of each other? Or how your face has two eyes, a nose in the middle, and matching ears on either side? That, my friends, is symmetry!

Symmetry is all about things being the same on both sides. Imagine folding a piece of paper in half – if the two halves perfectly match, that's symmetry! It's like a secret code hidden in shapes, pictures, and even the world around you!

The Grade 3's were symmetry detectives and unleashed their inner artist! . They had to create objects that look the same on both sides. Some used building blocks with matching colours and patterns. Others created putty shapes such as flowers, insects and bodies to show the same shape on both sides. Remember, symmetry is everywhere! So start exploring, start creating, and have fun in the amazing world of symmetry!





"QUIET THE MIND AND THE SOUL WILL SPEAK." - Ma Jaya Sati Bhagavati

Having the ability to find your inner peace is a practiced skill, a daily one at that. It doesn't always come easy in finding the peace amongst the chaos. There are wonderful ways in which one can quiet the mind to allow the body some much needed peace. One such way is backed by scientific research. It has been proven through studies that regular meditation can alleviate anxiety, lower blood pressure, improving cognitive function and even slowing down the process of ageing. Does meditation have benefits for children as well? Absolutely!

There are many benefits for children who have a regular meditation practice. They experience improved learning as the prefrontal cortex or learning centre in the brain is strengthened, less stress, stronger immune system, better focus and concentration, self regulation, better self esteem and many more. Overall, meditation gets the CityKidz thumbs up of approval.

We are always striving to find ways in which we can equip our learners with best practices to navigate daily life. The stresses affect them as well after all.

The Grade 2 and 3 learners and their respective teachers participated in the global meditation on Friday, 24 May. We were honoured to have Mrs Paula Plitt lead the meditation session in the school hall.

Learners brought their navy blue blankets or yoga mats for a comfortable seat and wore their sport uniform. Teachers came comfortably dressed. All were eagerly excited. No one knew what to expect, it was almost like we were let in on a secret. Teachers were hoping for a minute of calm and were pleasantly surprised by 11 minutes...

Shortly before nine o'clock, the learners made their way to the school hall to be seated. Everyone carefully placing their blankets or yoga mats on the floor. Mrs Plitt gave a short introduction on the program and explained what the exercise was all about. She mentioned that people from 58 African countries were coming together to meditate for peace. 'Breathe in peace and breathe out love' she added just before we started. The event was named: 'Awaken your inner strength, where peace meets purpose.'

The learners took some deep breaths in and out. Mrs Plitt spoke about some yoga moves and sun salutations. She proceeded to show the learners how to perform these and how these exercises engages both sides of the body, left and right. This helps release the feel good hormones and helps to strengthen both body and mind.

Once everyone had completed the salutation it was time to find a comfortable seating position. Legs crossed and relaxed shoulders. Here comes the 11 minutes the teachers had been waiting for as promised...only kidding. The learners also ben-



efitted. We listened to an audio clip that took us step by step into deeper meditation and relaxation. We could feel the stresses melting away as we became aware of our breathing, our thoughts and our body. We breathed in peace and breathed out love. We felt our bodies become more and more relaxed as we focussed on letting go of the many thoughts that enter our minds

Peace and calm flowed through the hall as learners and teachers alike sat listening. Afterward, everyone felt a sense of inner calm. We slowly opened our eyes, wishing for just one minute more. Success, we had done it!

Mrs Plitt ended off the session with a lovely dance and everyone danced away the last little bit of stress, if there was any left.

"Meditation is choosing not to engage in the drama of the mind but elevating the mind to its highest potential" —  $Amit\ Ray$ 

We would like to thank Mrs Paula Plitt for joining us on Friday morning and helping us realize the potential of the mind we all possess. Teachers are eager to implement the practice of meditation in class and elevate their learner's potential.

S. Scholtz





CityKidz Pre & Primary School

Friday the 24<sup>Th</sup> was no ordinary day among learners and teachers in Grade 2 and Grade 3. There was a sense of calm and serenity in the air as our learners were taking part in the Africa's Largest Peace Meditation. Mrs Paula Plit was very excited to lead the enthusiastic class. Learners and teachers were taught how to perform the Sun Salutation, they executed it with so much eagerness and joy. Next we listened to a meditation audio. For some, it was a new and serene experience. I was very impressed by the excellent listening skills demonstrated, and how our learners embraced the whole exercise. Learners followed instructions diligently and listened attentively! The hall was transformed into a sea of tranquility. Our learners gained a critical skill this morning, the ability to focus and position themselves in a calming atmosphere amidst the noisy surroundings-a valuable skill that we all need in our fast-paced world. We hope that our learners will practice meditation as often as possible as this will enable them to handle frustrating or difficult situations in a calm manner. Mrs Plit was all smiles and commended her class for showing high levels of discipline and enthusiasm. I would like to extend my gratitude to Mrs Plit for the initiative. It came at the right time and gave us an opportunity to distress, reflect and relax during the busiest time of the term.





### Grade 1 Family Fun project

Last weekend, our Grade1s embarked on a fun and educational project: building a family tree using recycled materials. This project was a wonderful way for their family to spend quality time together while reinforcing the concepts of recycling and family bonds. Our Grade 1 learners not only learned about their family history but also gained hands-on experience in cutting, pasting, and creatively assembling their projects. The experience a culminated with the learners proudly presenting their creations at school, showcasing their hard work and imagination.







### Where good mornings are made - My top 5 on 94.7



Every morning, if you tune into Anele and the club on 94.7 at around 06h50, you'll hear the My School Top 5. This segment has formed almost an integral part of the show and many tune in just to hear their school's name mentioned. Schools as far as Makanda

(Grahamstown) have submitted their top 5 songs to be played.

CityKidz is no different. We almost felt some FOMO about the whole thing. We wanted in on the action. So, there was no doubt about it. Ma'am Cindy gathered together her team and they started practicing...in secret. They did not want to let the cat out of the bag before the airing.

It was the best surprise when we found out that our school was going to be featured. So what better to do than gather together on the sports' field and around our radios on the morning of Tuesday, 28 May to hear our teachers and friends on the radio? They are famous! Every one listened in great anticipation to the songs that get us up and going in the passages. It was a fantastic moment for all of us! Thanks to all our stars!

CityKidz would like to extend its heartfelt gratitude to our dear parents and children for your incredible generosity and support during our Toys4Totz Charity Drive. Your donations make a significant impact and will bring joy to many children who

might not otherwise received gifts. Your involvement not only provide happiness but also set a wonderful example of giving and generosity for our children. We encourage parents to continue donating as we aim to bring smiles to underprivileged children and engrave memories of a lifetime.

Why teach children to give back?

Promotes empathy and generosity - participating in toy drives teaches children the values of empathy, kindness, and generosity.

Bring joy to children in need - toys can provide a sense of normalcy and joy to children facing difficult circumstances, such as those living in poverty, in foster care, or in shelters. Receiving toys can boost a child's self-esteem, reduce stress, and provide a means of emotional expression and comfort.

Promotes a sense of unity and solidarity - It encourages a sense of community and shared responsibility for the well-being of others. It also help address social and economic disparities by providing underprivileged children with the same opportunities for joy and play as their more affluent peers.

Providing educational benefits - Toys can be educational, helping children develop cognitive and motor skills, problem-solving abilities and creativity. For children who might not have access to educational toys, donations can provide valuable learning tools.



In a nutshell, toy drive donations are vital for fostering joy, learning, empathy, community engagement, and sustainability. They have far-reaching benefits that impact individual lives and contribute to the overall well-being and cohesion of communities. Let us work together to make a difference in the lives of children in need.



### The Buzz Before the Spelling Bee Competition— Next Week

How Kids Can Conquer Spelling Glory!

The spelling bee is here, and the air is buzzing with nervous excitement! But fear not, young wordsmiths, with a little preparation, you can spell your way to the top. Here are some tips to sharpen your skills and build confidence before the big day:

#### Early Bird Gets the Word!

Don't wait until the last minute to start studying. The earlier you begin, the more comfortable you'll be with the words.

#### Study Smarter, Not Harder!

Flashcards are great, but there are more engaging ways to learn. Here are some fun ideas:

Scrambled Sentences: Write spelling bee words on separate pieces of paper and mix them up. Challenge yourself or a friend to put them in the correct order to form a sentence.

Spelling Charades: Act out the meaning of a word for someone to guess the spelling.

Word of the Day: Pick a new word each day and use it in a sentence, write a short story, or even draw a picture to help you remember it.

Spelling
Competition
Competition
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2
Strive to Achieve
WHO WILL BE THE SPELLING BEE CHAMPION?

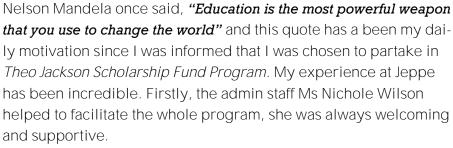
The buildup to our Spelling Bee next week has reached crescendo levels!

A humongous highlight for the Grade 2 and Grade 3 team is creating a buzz! Our four junior Spelling Bees, Limile Ndlela, Kelebogile Dikgale, Jodan Pieterse and Travis Gyasi are competing against the big guns. We were elated to be given this opportunity to participate in the competition on the 13th June. This is a huge milestone for learners and teachers. We are hard at work, learning and preparing for the day. It promises to be a big spectacle! We intend to leave a lasting impression with audience and other contestants. The competition is always fierce and exhilarating to watch and we are confident that the four unexpected contenders will bee able to stand their ground!





## My experience at Jeppe High School for Boys



My first day at the Grade 7 Maths Academy was eventful. I met so many learners that were eager to learn and they also helped me when I did not understand the work taught to us. Our maths teacher, Mr Doore was thorough in his explanations, and he made me love maths even more because he would make funny jokes but made learning fun.

The experience involved a final round which required a stay over at Droste Boarding House. I was excited to be a boarder for a day and also learn the rules and routines of a boarder leaner. A night away from home made me nervous but once I was with other boys at Droste I flet at home because they made sure I was well informed about the hostel rules, and they also helped me to make my bed.

This experience will stay with me forever and I am appreciative to Principal Reynolds and Principal Dale Jackson for selecting me to take part in the Theo Jackson Scholarship Fund Program. I hope that this experience does not end with me but will be a meaningful relationship between CityKidz and Jeppe going forward so that other learners can also benefit and secure a spot in a school that supports learner development so they can have a bright future.



Grade 7 Maths Academy 2024

What's Happening					
over the					
next two					
weeks?					

Monday	Tuesday	Wednesday	Thursday	Friday
10/06	11/06	12/06	13/06	14/06
CASS FP and IP	CASS FP and IP	CASS FP and IP	Spelling Bee	School closes at 11h00
Monday	Tuesday	Wednesday	Thursday	Friday
17/06	18/06	19/06	20/06	21/06
School Holidays	School Holidays	School Holidays	School Holidays	School Holidays Schools reopen Wednesday 10th July Parents collect reports Saturday 13th July



### Bottle Top Wall Mural and Tyre Grade Challenge 2024

Great news ... it's a whole-school competition again!!! The Bottle Top Wall Mural and Tyre Planter Grade Challenge is aimed at taking something ordinary –tyres and bottle caps and re-purposing them to create colourful, functional wall hangings (bottle caps) and outdoor designer planters made from tyres. This time the competition will involve an entire grade. (Non-Homeroom teachers, Admin and Maintenance will be allocated to assist a grade.)

At CityKidz we want to encourage and showcase how recycling can transform our environment. All you need to do is create, within your grade, one awesome planter structure made from tyres and one wall mural made from bottle caps. Choose a theme relevant to our community or elaborate on our theme "Be kind". (The measurements for the wall mural/ hanging MUST be, nothing more and nothing less, than the stipulated requirement: 2m x 2m.)

Each grade will submit a group entry (two items). Therefore, the project will focus on teamwork, foster collaboration, and cohesion. Over the next couple of months, you need to encourage children to collect bottle caps! Encourage responsible sourcing, set up bottle cap collection points and organise washing of bottle caps. Start sourcing board, tyres, glue, paint, varnish, soil, plants, and other essentials, if needed.

Choose the desired location and space needed for your grade. Ensure the wall space has a suitable surface for a mural and properly primed for adhesion of the board. How you, as a grade, go about this is entirely up to your grade, but it is important to get your parents involved.

Remember, the tyre and wall mural will be showcased as one grade entry with two items per grade. It might seem easier this way, but the competition is going to be on another level. This year 2024 is an election year and casting a vote is very important, therefore we will also consider a public voting component, learner votes as well as inviting external judges for the competition to ensure impartiality and fairness. This adds to the excitement and allows for our CityKidz community to be involved and for children to cast valuable votes.

The criteria on how *The Bottle Top Wall Mural and Tyre Planter Grade Challenge* will be judged are indicated below. I have also included some photographs to inspire you in creating wonderful pieces. This challenge is a fantastic way to combine creativity, sustainability, and practicality.

There will be prize money for the winning teachers and a prize for the winning grade!! I'm sure you will all be brain-storming with great ideas and adding your own creative twist on how your grade can create a lasting Bottle Top Wall Mural and Tyre Planter. Remember, the possibilities are endless when it comes to submitting a fantastic entry. With a little imagination and effort, you can transform our areas that add character and sustainability to our

school. So, get creative, and give dull areas a new lease on life!









Peace is not absence of conflict, it is the ability to handle conflict by peaceful means.



Like us on facebook

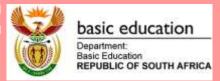
guesthouse haemorrhage hallucination I hamstring | handicap

harmony hasty hauled haunches havoc hawker headquarters

Ronald Reagan

**Registration number** 

2007/014450/08



General Knowledge Question for the week.

What sports car company manufactures the 911?

Answer to the question in our previous newsletter.

What is the chemical symbol for Gold?

Au





CityKidz Pre & Primary School is Accredited by Umalusi, Council for Quality Assurance in General and Further Education and Training-Accreditation number

Warm Regards

Mrs & Reynolds

**PRINCIPAL** 



#### **BEHAVIOUR BANK AWARDS**

Most Merits for Week Ending 07/06/2024 Term 2



	Name	Surname	Grade	Name	Surname
Grade RRa	Mhleli	Ngcobo	Grade RRb	Vutlhari	Ntimane
Grade RRc	Tristan	Kanda	Grade Ra	Kayla	Cindi
Grade Rb	Tendai	Gore	Grade Rc	Hlelolwenkosi	Nqakala
Grade 1A	Vukona	Ndimande	Grade 1B	Keabetswe	Mokgosi
Grade 1C	Amohelang	Murovhi	Grade 1D	Awethu	Zondi
Grade 2A	Grace	Tameratlamora	Grade 2B	Angel	Makgopa
Grade 2C	Ndoniyamanzi	Dhlamini	Grade 2D	Tlotlanang	Mogoshane
Grade 3A	Phumelela	Maphiri	Grade 3B	Junaid	Getyes
Grade 3C	Ndamba	Nnamdi	Grade 3D	Nonhlanhla	Ndlovu
Grade 4A	Bahle	Mabaso	Grade 4B	Hayley	Zondo
Grade 4C	Ntandoyenkosi	Ngcobo	Grade 4D	Mikayla	Katono
Grade 5A	Success	Ugochukwu	Grade 5B	Kokamo	Setogang
Grade 5C	Oratile	Mthombeni	Grade 5D	Ashley	Shava
Grade 6A	Buhlebenkosi	Ncube	Grade 6B	Sibonelo	Dhlamini
Grade 6C	Kamogelo	Modisane	Grade 6D	Chinyereze	Elugwu
Grade 7A	Siyabonga	Ncube	Grade 7B	Thandoluhle	Moyo
Grade 7C	Mikulu	Sihlwayi			